

Parent-Teen Contract

We, the _____ family, believe our family values include integrity and compassion. Every member of the family understands that our use of mobile phones must reflect our values. Therefore, we recognize that the following are in direct contradiction to our values:

- Spreading gossip via text messages or phone calls
- Teasing, harassing or any form of bullying with the purpose of humiliating others
- Making or forwarding sexually suggestive photographs or texts
- Texting while driving
- Using someone's password and identity without his/her consent
- Using mobile phones in a discourteous or rude way – for example, when having a face-to-face conversation with someone else, I will not ignore them and call or text someone else
- Mobile phones shall not be used during _____ (i.e., family time, dinner time, homework, sleep time, etc.)

If any family member is found acting in violation of this contract, the following will occur:

First violation: Mobile phone privileges ended for _____ amount of time

Second violation: Mobile phone privileges ended for _____ amount of time

Third violation: One of the person's most valued privileges is taken away. (Remember, an MP3 player is a privilege and so is driving a car, participating in extra circular activities, etc.)

While we understand that any of us can make a mistake, we believe that living according to these values is critically important.

Signed on this day _____ of this year _____

Child _____ Parent(s) _____