

Executive summary

1. Let's Build a House Program

Project Overview

The "Let's Build a House" program, implemented with Habitat for Humanity India was aimed at providing **safe housing and sanitation** facilities to marginalized families in Uttar Pradesh and Maharashtra. The program led to the construction of **34 houses and 80 toilets** targeting low-income and vulnerable households.

Key Impact

- Transition from **90% *kuccha* housing to 100% *pucca* housing**
- **100% access to household sanitation (toilets)** post intervention
- Significant improvements in **safety, privacy, dignity, and health outcomes, especially for women and girls.**

Beneficiary Outcomes

- 100% of beneficiaries reported an improvement in their quality of life
- 99% experienced increased social inclusion and confidence
- Beneficiaries also highlighted a reduction in exposure to environmental risks and sanitation-related diseases

Strengths

- A clear focus on vulnerable groups (SC/ST/OBC, women-led households)
- High beneficiary participation, creating ownership
- High satisfaction across infrastructure quality and implementation

Conclusion

The Let's Build a House was able to deliver **transformational impact** by addressing fundamental needs of housing and sanitation of the beneficiaries, thereby positively impacting their health, enhancing their dignity, and enabling socio-economic inclusion.

2. Karein Roshni Program (Cataract Surgeries)

Project Overview

“Karein Roshni” was a healthcare initiative focused on **cataract surgeries for underprivileged beneficiaries**, implemented through partner hospitals across India. It addressed preventable blindness and improved access to eye care services.

Key Impact (beneficiaries)

- **96% reported improved vision** post treatment
- Reported high satisfaction levels (93% satisfied/highly satisfied)
- Reported improved independence, mobility, and daily functioning

Social & Economic Outcomes

- Beneficiaries reported reduced dependency on caregivers
- They also reported improved employability and productivity
- The above helped them enhance their quality of life and social participation

Program Strengths

- End-to-end care model (screening → surgery → post-care)
- Strong outreach via camps and vision centers
- Financial accessibility and inclusion (free treatment + transport support)

Conclusion

The project was highly effective in **restoring vision and improving quality of life** among the targeted beneficiaries, while also contributing to helping improve their socio-economic inclusion and impacting public health outcomes.

3. Cancer Support Program

Project Overview

The Cancer Support Project, implemented in support with the **Indian Cancer Society**, helped provide **end-to-end cancer care**, including awareness, screening, treatment support, and survivorship programs.

Key Impact

- **12,000+ screenings** conducted across country
- Improved early detection and timely treatment of disease
- Significant **reduction in financial burden** for families
- Enabled survivorship and educational support for patients

Beneficiary Outcomes

- Improved psychological well-being and resilience highlighted by the beneficiaries
- Educational continuity enabled for young survivors
- Better long-term health and survival outcomes reported

Strengths

- The program ensured and delivered a holistic “end-to-end care” model
- Strong hospital partnerships and navigation support added additional support
- Integration of psychosocial and financial assistance

Long-Term Impact (beneficiaries)

- Improved health-seeking behavior
- Reduced long-term financial distress
- Increased survival and quality of life

Conclusion

The project effectively addressed **critical gaps in cancer care**, delivering both medical and socio-economic impact, with strong potential for scalability

4. Nutrition Program

Project Overview

The Mid-Day Meal and Daily Morning Nutrition programmes focused on improving **child nutrition, school attendance, and learning outcomes** through large-scale food distribution across India.

Key Impact (beneficiaries)

- Covered **4,809 schools and ~2.7 lakh children**
- **98–100% improvement in school attendance motivation**
- 94–100% students reported better health and energy
- Enhanced concentration, participation, and academic engagement

Nutrition & Quality

- High ratings for hygiene (4.7), freshness (4.9), and taste
- Region-specific menus ensuring high acceptance and nutritional effectiveness
- Inclusion of micronutrient supplements addressing “hidden hunger”

Behavioral Outcomes

- Increased awareness of hygiene and nutrition practices
- Improved eating habits and sanitation behavior

Strengths

- Strong delivery model (centralized kitchens + monitoring)
- High satisfaction reported by students and teachers
- Direct link to education outcomes and health indicators

Conclusion

The program played a critical role in **reducing malnutrition, improving attendance, and enhancing learning outcomes**, making it a high-impact, scalable intervention aligned with national priorities.