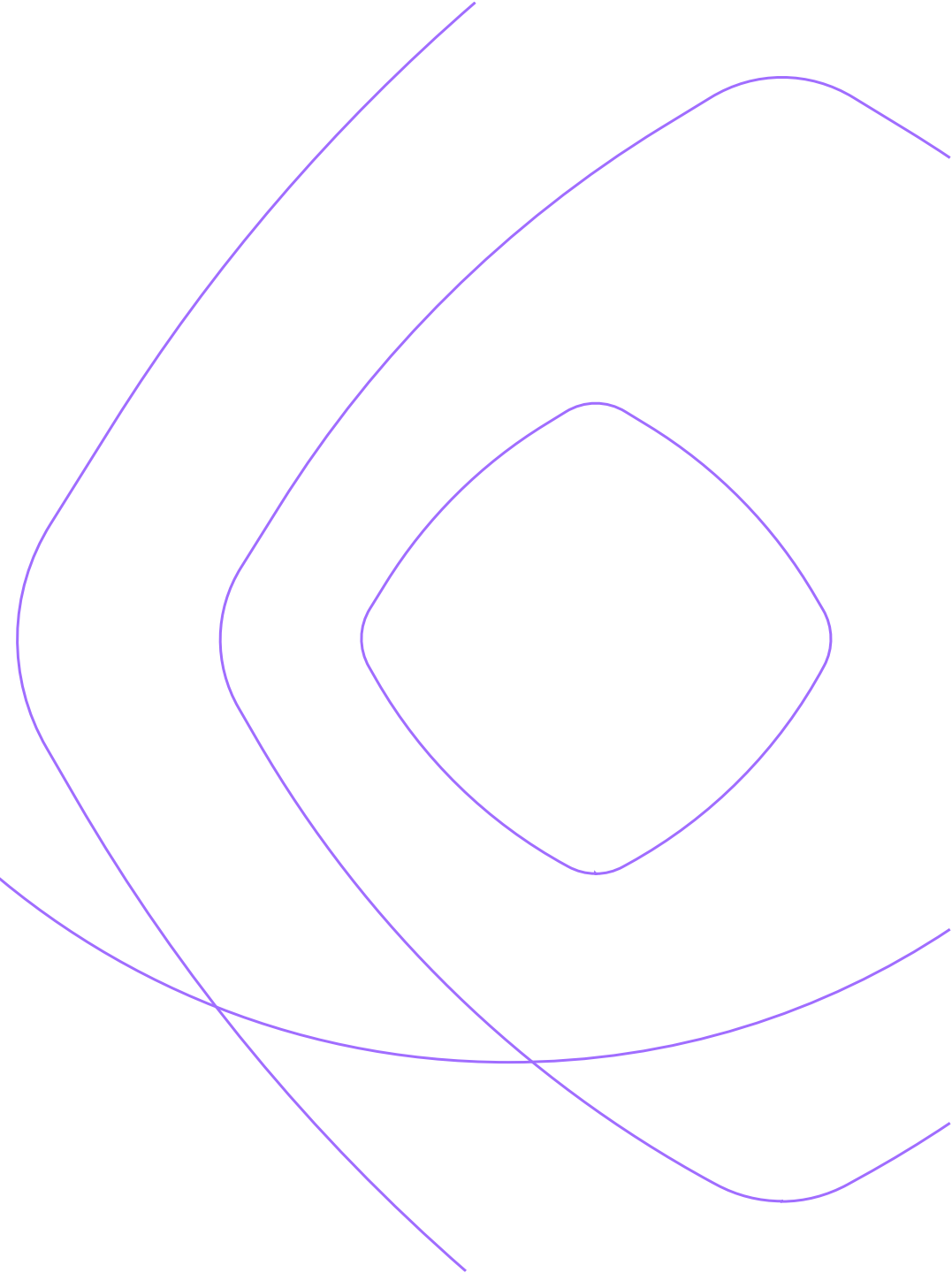




Impact assessment of Mid-day Meals and Daily Morning Nutrition Programmes

LG Electronics India Limited

January 2026



15th January 2026

To,
LG Electronics India Limited (“LG”)

LG engaged Grant Thornton Bharat LLP (“GT”) to conduct impact assessments of its CSR projects - Karein Roshni, Let’s Build a House, Life’s Good Nutrition (Mid day Meals & Daily Nutrition), and Cancer Support.

The focus of our assessment included understanding outreach and impact of the projects; gauging the perception of stakeholders; analysing perception and feedback about the projects/ processes followed; and providing any relevant way forward. We followed a four-stage methodology which included, kick off call with the client to understand the project and its scope; review of all project related documents; stakeholder interactions to map their perspective; and analysis and reporting of key findings. GTBL confirms completion of all tasks within the scope of work as detailed in the engagement letter dated 15th September 2025 signed between both parties.

This report is with restrictive circulation and has been prepared exclusively for LG. Information collected for this study is through field visits, meeting with various stakeholders, information shared by respondents and backend data provided by the client. We have relied on the information shared by these sources. The scope of work here does not constitute an audit or due diligence of the information shared. This report should not be considered as an expression of opinion on any form of assurance on the financial statements of or on its financials or other information. GTBL holds no responsibility on accuracy or sanctity, or authenticity of information provided by company or implementing partner or stakeholders covered or any other party involved, and results / references drawn basis the same. We shall not take responsibility for the consequences resulting from decisions based on information included in the report.



Abhishek Tripathi
Partner – ESG & Risk Consulting
Grant Thornton Bharat LLP

Notice to readers

- This report has been prepared exclusively for LG Electronics India Limited. Grant Thornton Bharat LLP does not accept or assume any responsibility or liability, nor owes any duty of care, to any party other than LGEIL for any consequences arising from reliance on this report.
- The information collected for this study is through field visits, interactions with the project team, interviews with stakeholders, facilitated by LGEIL and its Partners. We have relied on the information shared by these sources.
- The scope of work here does not constitute an audit or due diligence of the information shared, hence information received from the various sources was believed to be accurate.
- The recommendations provided as part of the assessment exercise may be implemented after an analysis of prioritization. The decision to implement the recommendations is the responsibility of the management of LGEIL.
- Field visits were conducted in cognizance with LGEIL's prior acceptance on approach, methodology, coverage plan, tools and indicators.
- Owing to communication gap and the inherent human instinct to report everything as above-expectations and glitch-free, it was challenging to make interviewees understand the purpose of the survey and ensure that correct data was accordingly gathered.
- Grant Thornton Bharat LLP holds no responsibility on accuracy or sanctity, or authenticity of information provided by LGEIL or implementing partner or stakeholders covered or any other party involved, and results / references drawn basis the same.
- This report should not be considered as an expression of opinion on any form of assurance on the financial statements of or on its financial or other information.
- This report has been prepared solely to address issues specific to the Client and may not have addressed issues of relevance to any other person or entity. Any person or entity that is not a party to our engagement letter with the Client shall have no right to enforce any of its terms against us.

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01

Introduction and background



About LG Electronics India

LG Electronics India (LGEIL), the Indian subsidiary of LG Electronics, established in 1997. It is one of the most formidable brands in consumer electronics – Home Entertainment, home appliances, HVAC, IT hardware. In India, LG Electronics has earned a premium brand positioning and is an acknowledged trendsetter in the industry.

LGEIL's manufacturing unit at Greater Noida is one of the most eco-friendly units among all LG manufacturing plants in the world. The second Greenfield facility is located at Ranjangaon Pune which manufacture LED TVs, air conditioners, commercial air conditioning systems, washing machines, refrigerators, and monitors

Key CSR focus areas in alignment with the Schedule VII:



Eradicating hunger, poverty and mal-nutrition, promoting preventive health care and sanitation



Promoting education, including special education and employment enhancing vocation skills



Measures for the benefit of armed forces veterans, war widows and their dependents.







Ensuring environmental sustainability, ecological balance, and protection of flora and fauna

Rationale

Reducing Malnutrition and Ensuring Nutritional Security

- With **35.5% of children under five stunted and 32.1% are underweight (NFHS-5)**, India faces a dual burden of chronic and acute malnutrition.
- As per the Global Hunger Index 2023 India scored 28.7, categorized as **“serious”**, ranking **111th out of 125 countries**. **Malnutrition contributes to 22% of India’s disease burden** and is associated with nearly half of all child deaths.
- Mid-Day Meals and Daily Morning Nutrition directly addresses malnutrition by providing balanced diets which are often missing in the daily meals of children from economically weaker families.

Need for these interventions

-  Reduce malnutrition
-  Improve attendance retention
-  Boost enrolment
-  Improve overall child health

Mid-day meals and morning nutrition programmes are important in India because they effectively improve child nutrition, enhance educational performance, increase inclusivity, and reduce socio-economic disparities for millions of students nationwide

Improving Attendance and Retention

- For many children, especially those from low-income households, the mid-day meal is the **primary incentive to attend school**.
- **Regular meals reduce absenteeism**, as children are motivated to come to school not only for education but also for food security.
- Parents are more likely to retain their children in school when assured of daily nutrition, **reducing dropout rates**.

Enhancing Educational Performance

- Nutrition is directly linked to cognitive development. A well-fed child is more likely to be **attentive, energetic, and able to concentrate in class**.
- Studies show that children receiving regular nutritious meals demonstrate **better academic performance, improved memory, and higher participation in classroom activities**.
- By reducing fatigue and hunger, these programmes create a **conducive learning environment**.

About the Projects

Akshaya Patra Foundation with support from LGEIL implemented Mid-Day Meal Programme Pan India. The project aimed at improving the health and well-being of school-going children through large-scale meal distribution.

Mid-Day Meal Programme

- Akshaya Patra in partnership with the government under the **PM POSHAN scheme** delivers freshly cooked, nutritious mid-day meals to **over 2.35 million children across more than 23,000 government and government-aided schools in India**
- In FY 2023–24, LG Electronics India provided financial support with an aim to help school children across 4,809 government schools by serving nutritious mid-day meals, to ensure better health, improved concentration, and enhanced learning outcomes.
- Akshaya Patra’s centralised kitchen model is recognized as exemplary for **large-scale, hygienic, and efficient meal preparation**

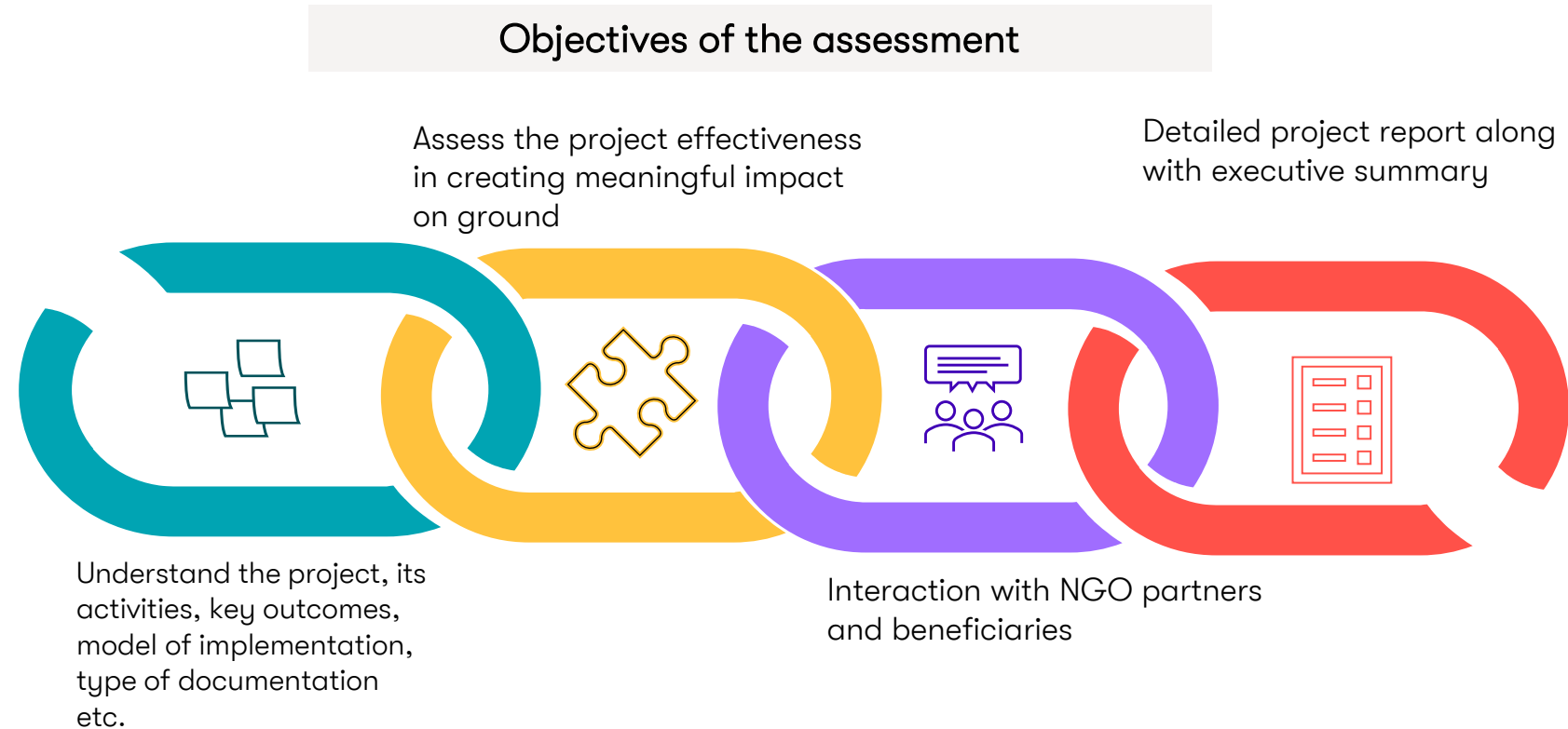
Daily Morning Nutrition

- Sri Sathya Sai Annapoorna Trust runs the “**Daily Morning Nutrition Programme**” designed to provide a nourishing breakfast to school children before classes begin, recognizing the need for a healthy start to enhance learning and well-being.
- In FY 23-24 LG Electronics India provided financial support with an aim to address both hunger and hidden hunger among underprivileged school children studying in government and rural schools.
- The programme operates in **several Indian states** and partners with local governments, schools, and communities to implement large-scale breakfast initiatives.

Scope of work

Grant Thornton Bharat LLP was appointed by LGEIL to conduct an impact assessment of the Mid-day meal and Daily Morning Nutrition programmes for the year 2023-24. The partners for the assessment includes:

- Akshaya Patra Foundation – INR 8,25,61,000
- Sri Sathya Sai Annapoorna Trust – INR 1, 53,63,054



02

Approach and methodology



Our framework

Based on the principals of OECD DAC, the APICS evaluation framework for social development project helps evaluate projects holistically.



Accessibility

- Were the meals served to all intended beneficiaries?
- Was the design of the programme suited to the needs of the children?



Importance

- Did the meals provide critical nutritional support to children from low-income families?
- Did the programme encourage parents to send children to school regularly?



Performance

- Did the meals improve children's concentration and classroom performance?
- Did the programme lead to higher school attendance and reduced dropout rates?



Coherence

- Did the programme integrate with national nutrition policies and health initiatives?
- How do the programme's objectives support LGEIL's CSR goals?

*Considering the nature of the projects, the aspect of Sustainability is not relevant. For the mid-day meal programme and daily morning nutrition, LGEIL has provided financial support to an already existing government scheme. Hence, sustainability will not be covered in the assessment

Our methodology

01

Kick off and scoping

- Inception meeting with LGEIL team to discuss scope and programme details
- Discussion with the Akshaya Patra and Sri Sathya Sai Annapoorna Trust to understand the programmes.
- Reviewed secondary data to understand coverage in terms of beneficiary profiles, relevance etc.

03

Beneficiary interaction

- In-depth interactions with the project team to understand the relevance, effectiveness, efficiency, impact and sustainability of the programme
- Quantitative and qualitative interactions with the beneficiaries.

02

Desk review

- Reviewed data and documents maintained by the partner
- Mapped key areas of enquiry as per the objectives of the study.

04

Analysis and reporting

- Thorough analysis of the data collected through the quantitative survey and interaction with the team.
- Preparation of draft and final report post incorporating the inputs from LGEIL.

03

Coverage



Coverage – Mid-day meal programme

Stakeholder	Sample covered	Location*	Tool used	Areas of enquiry
School children (primary and upper primary)	47	Hyderabad	Quantitative survey	<ul style="list-style-type: none"> • Frequency of mid-day meals • Food items included in the meal/ second serving • Satisfaction level • Quality standards (taste, hygiene, freshness) of meals provided • Awareness about nutrition and sanitation • Influence of mid-day meals on school attendance, personal health, and concentration
	46	Guwahati		
	33	Vrindavan		
	52	Jaipur		
School staff (principle, teachers, etc.)	1	Hyderabad	In-depth Interview	<ul style="list-style-type: none"> • Understanding of the programme • Hygiene and sanitation levels in school • Effect of the programme on students' enrolment and retention rate • Effect on students' school attendance and participation in activities • Effect on students' overall health • Challenges, if any
	2	Guwahati		
	12	Vrindavan		
	2	Jaipur		
Programme team	1	Hyderabad	In-depth Interview	<ul style="list-style-type: none"> • Overall process of implementing the programme • Food menu selection • Food distribution process and monitoring mechanism • Feedback from schools and students • Collaboration with the government • Challenges faced, if any
	3	Guwahati		
	2	Vrindavan		
	1	Jaipur		

Coverage – Morning Nutrition programme

Stakeholder	Sample covered	Location*	Tool used	Areas of enquiry
School children (primary and upper primary)	78	Manchenahalli	Quantitative survey	<ul style="list-style-type: none"> • Frequency of mid-day meals • Food items included in the meal, second serve • Satisfaction level • Quality standards (taste, hygiene, freshness) of meals provided • Awareness about nutrition and sanitation • Influence of mid-day meals on school attendance, personal health, and concentration
	58	Palwal		
	59	Noida		
School staff (principle, teachers, etc.)	2	Manchenahalli	In-depth Interview	<ul style="list-style-type: none"> • Understanding of the programme • Hygiene and sanitation levels in school • Effect of the programme on students’ enrolment and retention rate • Effect on students’ school attendance and participation in activities • Effect on students’ overall health • Challenges, if any
	2	Palwal		
	1	Noida		
Programme team	1	Manchenahalli	In-depth Interview	<ul style="list-style-type: none"> • Overall process of implementing the programme • Food menu selection • Food distribution process and monitoring mechanism • Feedback from schools and students • Collaboration with the government • Challenges faced, if any
	1	Palwal		
	1	Noida		

04

Analysis
and findings

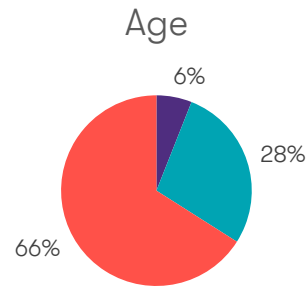


Akshaya Patra Foundation



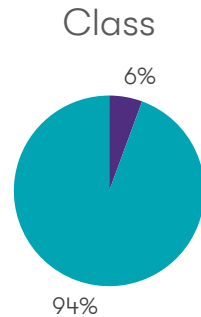
Respondents Profile

The following graphs present survey respondents' (students) profile.



6% of the students were between 6 - 9 years of age. 28% of the students were between 10 - 12 years of age. 66% of the students were between 13 - 16 years of age.

65% of the students were female, and 35% of the students were male



6% of the students were in grades 1st - 4th, and 94% of the students were in grades 5th - 8th.

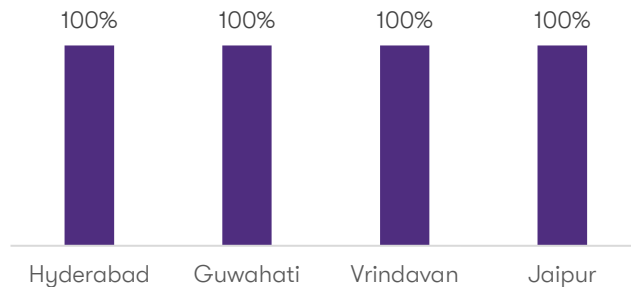
School coverage:

For the purpose of the study, four locations were proposed with a target sample of 171, and a total of 178 samples were collected.

S/N	School Name	Location
1	Zilla Parishad High School, Kondapur	Hyderabad
2	Shyam Bhumi High School	Guwahati
3	Public School Aanyour, Vrindavan	Vrindavan
4	Government Secondary School, Sitarampur	Jaipur

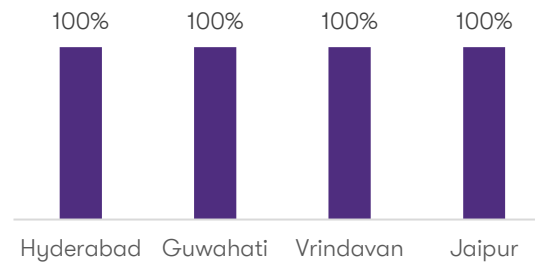
Programme Participation

Participation in programme



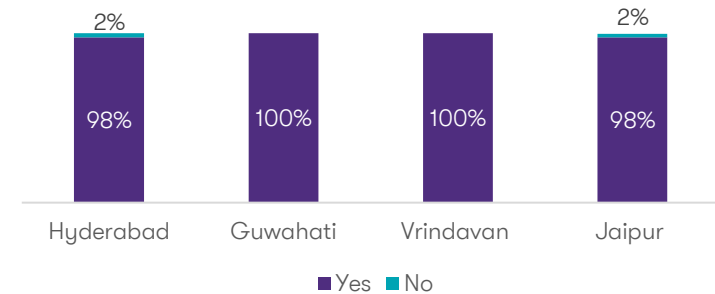
100% of respondents across all states confirmed that they were part of the Mid-day Meal Programme.

Frequency of receiving meal



100% stated that mid-day meals were provided every day to students without interruption.

Encouraged to attend school



In Hyderabad, **98%** of respondents stated that the programme motivated them to attend school every day. In Guwahati and Vrindavan, the response was unanimous at **100%**, while Jaipur recorded **98% positive responses**. These findings confirm that the nutritional support provided through the programme acts as a significant incentive for consistently attending school.

Programme details

- ✓ Meals served six days a week, ensuring consistent nutritional support.
- ✓ The programme was implemented successfully for over 9 states.
- ✓ Timely and hygienic delivery, with meals reaching schools before lunch break.
- ✓ Weekly visits and both manual and online feedback systems from teachers and students to ensure quality and continuous improvement.

Quality of meals provided

- Regional variations in the Mid-Day Meal menu reflect local dietary preferences and cultural habits.
- Hyderabad mainly serves dal and vegetables, Guwahati focuses on rice, dal, and vegetables, while Vrindavan offers the most variety with chapati, milk, snacks, and fruits. Jaipur includes chapati and milk along with staples.
- These variations are designed to match regional eating patterns and nutritional needs, ensuring acceptance and effectiveness.
- **Student feedback shows high satisfaction** with taste and quality, with suggestions for more fruit options and avoiding powdered milk.



4,809 Schools



Feeding over
2,74,376 children



1,27,60,178
Meals



9 States

100% of the students said that they can take second serving

Meals are consistently fresh, hygienically prepared, and delivered on time

“I really enjoy the food we get at school. We get rice, dal, and vegetables, and sometimes something sweet like payasam as well. It is always fresh and tasty”

- Pallavi, ZHPS Kondapur, Sangareddy, Telangana

Rating

Students rated the Mid-Day Meal Programme on key parameters such as hygiene, taste, and freshness, providing valuable insights into the quality of meals served.

Hygiene

4.7

The programme maintains strict hygiene standards during meal preparation, packaging, and delivery. All containers are sealed and sanitized, and delivery vehicles are kept clean and covered. Teachers and students monitor cleanliness during serving and post-meal clean-up, ensuring a safe eating environment.

Freshness

4.9

Meals are consistently delivered hot and fresh, reaching schools before the lunch break. Students receive food that is prepared on the same day, and the high freshness rating reflects the programme's commitment to timely and quality service.

Taste

4.7

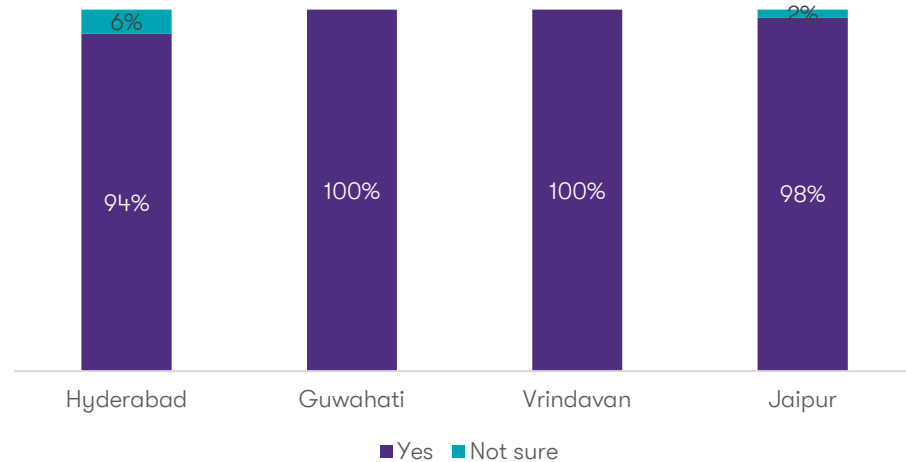
Students expressed strong satisfaction with the taste and variety of meals, which include staples like rice, dal, chapati, and vegetables, along with supplements such as milk, snacks, and fruits. Some suggestions for more fruit variety.

Quality Assurance Measures

- ✓ Pre-dispatch quality checks are conducted at the kitchen.
- ✓ Food samples are retained for 2–3 days to address any emergency or complaint.
- ✓ Weekly monitoring visits and feedback systems ensure continuous improvement.

Awareness on Nutrition and Safety

Hygiene and Knowledge Practices



In Hyderabad, 94% of respondents confirmed they were made aware of healthy sanitation practices and nutritional values by the schools, including handwashing before and after eating along with the importance of eating good food, while 6% did not recall the same. 100% in Guwahati and Vrindavan, while 98% in Jaipur recorded, they received some sessions on sanitation and nutrition.

These figures indicate that schools actively promoted hygiene along with nutrition education as part of the overall Mid-Day Meal programme, ensuring students follow proper practices to maintain health and safety.

“Our teachers always remind us to wash our hands before eating, and now we do it even before they tell us. It has become a habit because of the programme.”

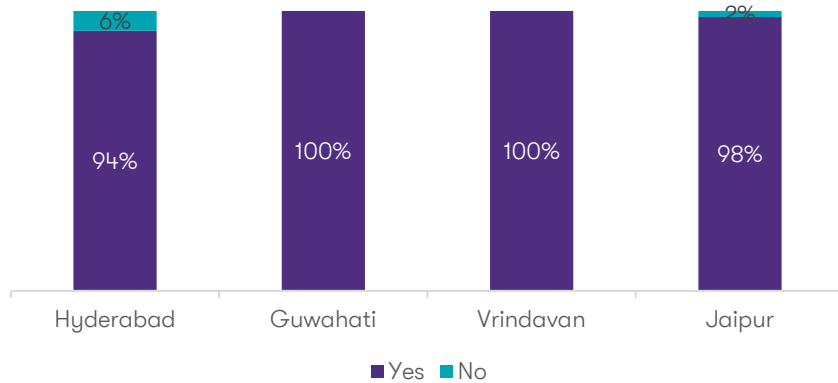
- Sadik, Shyam Bhumi High School, Guwahati

“Through the Mid-Day Meal programme and school lessons, I learned why eating vegetables and fruits is important for staying healthy and strong.”

- Gopal, Public School Aanyour, Vrindavan

Health & Behavioural Impact

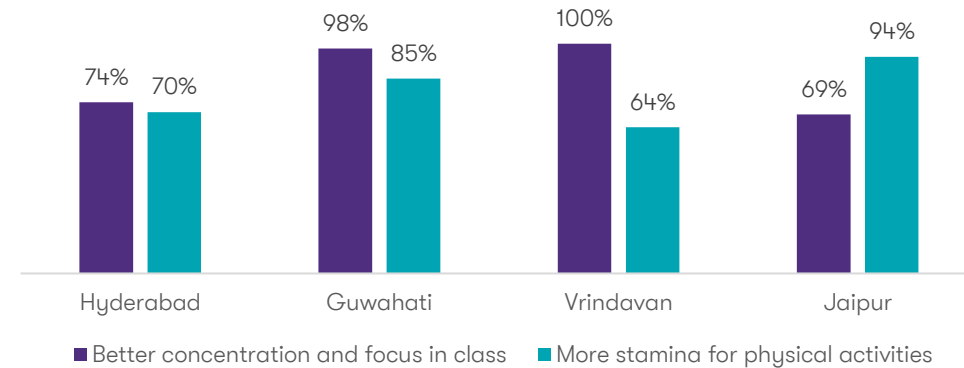
Changes in Health or Energy Levels



In Hyderabad, **94%** of respondents reported observing improvements in their health or energy such as feeling more active during classes, showing better concentration since the programme began, while **6%** did not notice any change. In Guwahati and Vrindavan, **100%** observed changes in their health and energy levels, and Jaipur recorded **98%** positive responses, with only **2%** reporting no change.

These findings highlight the program’s role in enhancing physical well-being and supporting better classroom engagement through consistent nutritional support.

Positive changes observed



In terms of **better concentration** and focus in class, Vrindavan leads with **100%** followed by Guwahati at 98%, Hyderabad at 74%, and Jaipur at 69%.

For **stamina in physical activities**, Jaipur ranks highest at 94%, while Guwahati reports 85%, Hyderabad 70%, and Vrindavan 64%.

These figures indicate that the programme is strongly associated with improved concentration and energy levels.

**The findings presented are based on direct interactions and discussions with students and reflect their experiences, and perceived changes following the consumption of the food. These responses represent the students’ personal perspectives at the time of interaction.*

Case studies (Hyderabad and Guwahati)

I have been serving as the Headmistress of ZHPS Kondapur for the past two years, and one of the most impactful aspects of our school routine is the Mid-Day Meal (MDM) programme, supported Akshaya Patra and funded by LGEIL. Every day, our students receive nutritious meals of rice, dal, and vegetables, with occasional snacks like payasam that they truly enjoy. The quality and consistency have been exceptional.

In my earlier postings, I saw schools struggle with inadequate MDM programmes, where children often missed proper meals. Here, however, the programme is a lifeline especially for students whose parents are factory workers or daily wage labourers, as it is often their only hot meal of the day.

We receive the menu 15 days in advance, and two teachers taste the food before serving to ensure safety and trust. The impact is clear in students' health, attendance, and enthusiasm. Thanks to LGEIL for their support I sincerely hope this support continues and reaches more schools across the region.

- T. Elizabeth, Headmistress, ZHPS Kondapur, Sangareddy, Telangana

My name is Abhishek, and I am a student in 7th standard. My parents work on agricultural land, and they put in long hours to support our family. At school, one of the things I look forward to every day is the Mid-Day Meal Programme.

The food served is always warm and tasty. I really like the taste, and it makes me feel happy and energetic during classes. What I enjoy most is that if any student wants more, they are allowed to take a second serving. Hence whenever I feel more hungry I can take more serves.

For me, the meal is not just about filling my stomach it helps me concentrate better in class and keeps me active throughout the day. My parents are also relieved knowing that I receive nutritious food at school, which supports my health and learning.

- Abhishek, Shyam Bhumi High School, Vrindavan

Case studies (Vrindavan and Jaipur)

My name is Rishi, and I study in a government school near Mathura–Vrindavan. My parents work as daily labourers in construction and related services, and sometimes it is difficult for them to provide regular meals at home.

For me, the mid-day meal at school is something I look forward to every day. The food is always tasty, nutritious, and prepared hygienically. In fact, many times the quality of food I get at school is better than what I eat at home. The menu changes every week, so I get to enjoy different dishes, and the meals are always fresh and hot.

The mid-day meal not only fills my stomach but also gives me the energy to study and play with my friends. It motivates me to attend school regularly because I know I will get a wholesome meal along with my classes. I feel healthier, more active, and more attentive during lessons.

I am very happy with the programme, and I believe it has made a big difference in my life and the lives of many other children like me.

- Rishi, P.S. Aanyour School, Vrindavan

My name is Komal Mahawar. I am 13 years old and study in Grade 7 at GSSS Sitaramपुरi, Jaipur. I dream of becoming a doctor one day, and I especially enjoy studying English. My father works as a tailor and my mother is a homemaker, and we come from a humble background.

I truly value the Mid-Day Meal programme. Every school day, we receive meals on time, and I appreciate that there are provisions for second servings and even supplementary snacks like bananas. My favorite dishes are Palak Paneer and green vegetables, which I find both tasty and nutritious.

For me, this programme is very important because it ensures I get proper nutrition every day. The meals help me stay healthy and give me the energy to focus on my studies. I feel more attentive in class and motivated to work towards my dream of becoming a doctor.

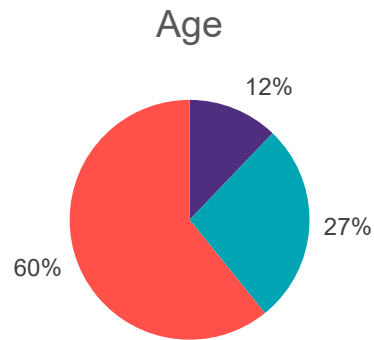
- Komal, GSSS, Sitaramपुरi, Jaipur, Rajasthan

Daily Morning Nutrition

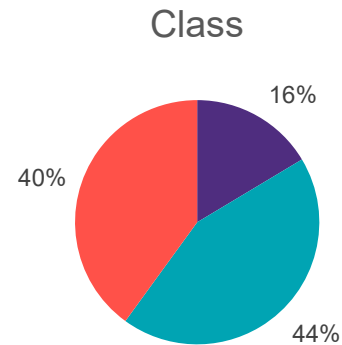


Respondents Profile

The following graphs present survey respondents' (students) profile.



12% of the students were between 6 - 9 years of age. 27% of the students were between 10 - 12 years of age. 60% of the students were between 13 - 16 years of age. 45% of the students were female, and 55% of the students were male



16% of the students were in grades 1st - 4th, 44% of the students were in grades 5th - 8th, and 40% of the students were in grade 9th - 10th. Schools up to 10th standard served daily morning nutrition meals for all students.

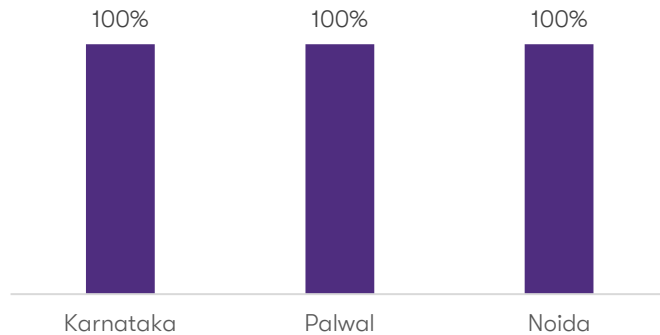
School coverage:

For the purpose of the study, four locations were proposed with a target sample of 170, and a total of 195 samples were collected.

S/N	School Name	Location
1	Government High School, Manchenahalli	Karnataka
2	Govt. middle school, Aghwanpur	Palwal
3	Composite Junior High School, Morna	Noida

Programme Participation

Participation in programme



100% of respondents across all states confirmed that they are part of the Daily Morning Nutrition.

100% of the students mentioned they received daily morning nutrition meals everyday.

100% of the students mentioned they are encouraged to come to school because of the daily morning nutrition programme.

“As Head Master, I feel proud to see how such a simple yet thoughtful intervention can transform the daily lives of our students. The Morning Nutrition Programme has become an essential part of our school routine, and I believe it is laying the foundation for a healthier, more motivated generation.”

- K.G. Venkatesh, Government High School, Manchenahalli

Quality of meals provided

Daily Morning Nutrition

- ✓ **Coverage:-** Provided to 25,802 school children across Karnataka, NCR and Uttar Pradesh
- ✓ **Nutrients Support:-** Inclusion of SaiSure Multi-Nutrient Health Mix with Government-supplied milk, addressing both calorie and micronutrient deficiencies (hidden hunger).
- ✓ **Supplementary snacks (locally preferred):-** Chikkis (jaggery + peanut based), Bananas, Moong dal, Biscuits and cookies were given in Noida school
- ✓ **Food Selection Criteria:-** Based on regional palate, seasonal availability, and affordability

- The quality of meals across the programme locations is generally rated positively by both students and school staff
- Teachers reported that the milk powder and chocolate malt supplement supplied by Sri Sathya Sai Annapoorna Trust are of good quality, with no history of shortages or inconsistency.
- Students expressed satisfaction with the taste and mentioned that the drink is served daily, contributing to noticeable improvements in health, stamina, and concentration
- Hygiene practices, such as washing hands before and after meals, are also reinforced by teachers.

"Since the introduction of the nutrition drink, we have seen noticeable improvements in students' health and attendance. The quality of the products is excellent, and there have never been any supply issues."

-Hardutt Sharma, Teacher, Govt. middle school, Aghwanpur, Palwal

All students confirmed that they are allowed to take a second serving, reflecting high satisfaction levels.

Rating

Students rated the Daily Morning Nutrition Programme on key parameters such as hygiene, taste, and freshness, providing valuable insights into the quality of meals served.

Hygiene

4.7

Schools maintain strong hygiene standards during meal preparation and distribution. Students are encouraged to wash hands before and after meals, and staff follow proper boiling and mixing procedures, ensuring cleanliness throughout the process.

Freshness

4.6

Meals and ingredients are generally fresh, ensuring daily supply based on headcount to minimize wastage. Palwal's monthly stock is well-preserved and used promptly, maintaining freshness in the nutrition drink.

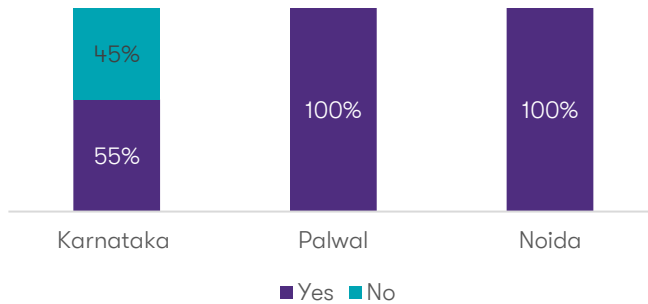
Taste

4.6

Students across locations report that the are tasty and enjoyable. Palwal's chocolate-flavored drink and Karnataka's Ragi Healthmix is particularly popular, while Noida's Chocolate malt supplement and fruits adds appeal, motivating students to consume the meals regularly.

Awareness on Nutrition and Safety

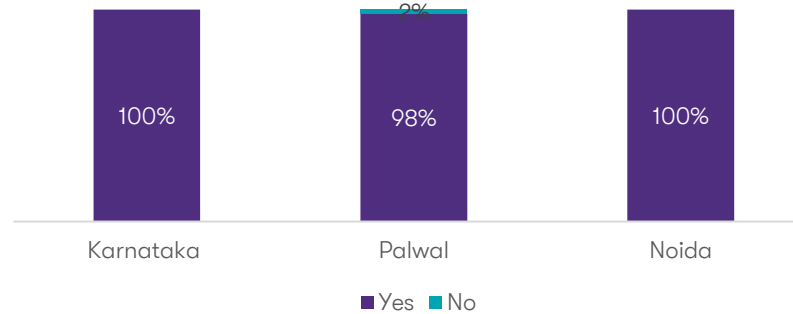
Sanitation Practices



In Palwal and Noida, **100%** of students reported being informed about hygiene practices such as handwashing. In Karnataka, 55% students stated the same, however, remaining were unable to recall.

This reflects **effective communication and reinforcement of health protocols** in these locations.

Knowledge on Nutrition



Karnataka and Noida report 100% awareness, indicating that every student has learned about nutrition and its importance in school. Palwal also performs strongly, with 98% of students aware and only a small gap of 2% who were unable to recall the same.

Our teachers explain why eating healthy food is important. We also learned to wash hands before and after meals, which we now do every day.”

- Santosh, Composite Junior High School, Morna

“We were taught about nutrition and why it matters for our health. I also learned that washing hands before meals keeps us safe from diseases”

- Subhash Chandra, Govt. middle school, Aghwanpur, Palwal

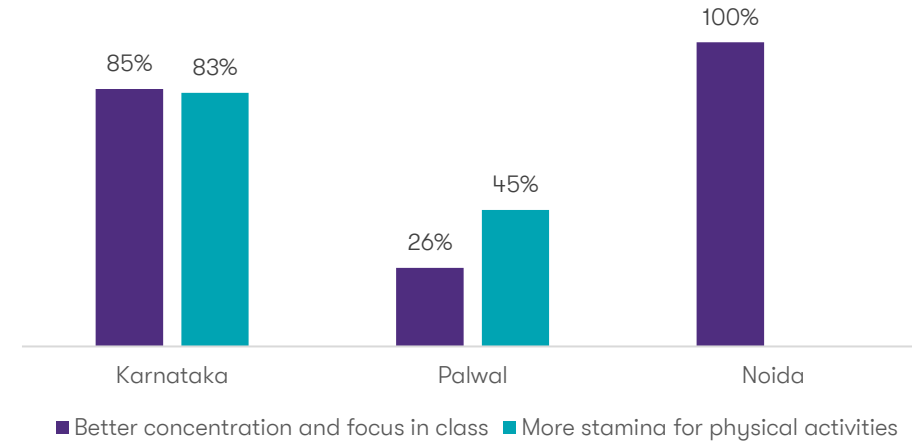
Health & Behavioural Impact

100% of the students mentioned they were encouraged to come to school because of the morning nutrition programme.

- Teachers in Palwal reported **noticeable improvements in students' stamina, concentration, and overall health** since the introduction of the daily nutrition drink.
- Similarly, in Noida, the morning meal programme has become a **strong motivator for attendance**, especially for children from underprivileged backgrounds where regular meals are not guaranteed.
- In Karnataka, students expressed that they feel **more energetic during physical activities** and are able to focus better in class.

The assurance of a nutritious meal encourages children to come to school regularly, reducing absenteeism and supporting better learning outcomes.

Positive changes observed



In **Noida**, **100%** of students reported better concentration and focus in class, **Karnataka** also shows positive outcomes, with 85% of students experiencing improved concentration and 83% reporting more stamina for physical activities. In **Palwal**, 45% observed better stamina and 26% improved focus.

**The findings presented are based on direct interactions and discussions with students and reflect their experiences, and perceived changes following the consumption of the food. These responses represent the students' personal perspectives at the time of interaction.*

Case studies (Palwal and Noida)

My name is Subhash Chandra, I have been serving at this school for more than eight years. Over this time, we have witnessed many changes, but one of the most impactful initiatives has been the morning nutrition programme supported by the trust. Every month, the trust supplies us with milk powder, sugar, and a powdered chocolate malt nutrition supplement. These supplies have always been consistent, and the quality has remained excellent there has never been any shortage or irregularity.

Each morning, after the school prayer, our MDM worker prepares the nutrition drink. The children eagerly wait for this drink, and it has become a cherished part of their daily routine.

Since the introduction of this programme, we have observed remarkable improvements. Students appear healthier, more energetic, and their attendance has improved significantly. The nutrition drink not only supports their physical well-being but also encourages them to come to school regularly.

From our perspective as teachers, this programme has been a complete success. We have not faced any issues, and we are grateful for the trust's commitment to the children's welfare.

- Subhash Chandra, Teacher, Govt. middle school, Aghwanpur, Palwal

I have been serving as the principal since 2016, and over the years, I have witnessed the challenges our students face in accessing regular and nutritious meals. Most of them come from underprivileged backgrounds where even three meals a day is not guaranteed.

The morning meal support provided through this initiative has been transformative. It ensures that every child receives a healthy start to the day, which not only meets their nutritional needs but also motivates them to attend school regularly.

By minimizing wastage through accurate headcounts and promoting hygiene practices, this programme reflects a thoughtful and sustainable approach. We sincerely appreciate LG's commitment to the well-being of our students and encourage the continuation of this initiative, as it plays a vital role in supporting both their education and health.

- Rajni Yadav, Headmaster, Composite Junior High School, Morna

Case studies (Noida and Karnataka)

Coming to school every day has become something I look forward to because of the morning meal programme. At home, having breakfast is not always possible since my parents work as daily wage laborers and sometimes there isn't enough food. The meal we receive at school gives me the energy I need to concentrate in class and learn better. It makes a big difference in how I feel throughout the day.

I have also learned the importance of eating healthily and following hygiene practices like washing hands before meals. These small habits help us stay healthy and avoid sickness. The food provided is always fresh and nutritious.

It has changed the way we experience school and motivates us to attend regularly. For many of us, this meal is the most reliable part of our day, and it helps us focus on learning instead of worrying about hunger.

-Ateeja, Composite Junior High School, Morna

My name is Rahmat Thennisa, and I have been serving as the Head Master of this school for the past one year. The children who attend our school mostly come from families where parents work as agricultural labourers or earn daily wages. Because of their circumstances, many of these children often arrive at school without having had any breakfast.

Majority of parents are not formally educated less than 10% have received schooling themselves. The introduction of the Morning Nutrition Programme has been extremely helpful. Every day, after the morning prayer, the children receive a nutritious drink with Ragi Healthmix. I have observed how eagerly the children look forward to it, and how it energizes them for the rest of the school day.

This initiative has made a visible difference. Attendance has improved, students are more attentive in class, and their overall health has shown positive changes. For children who often come to school on an empty stomach, this programme is not just about nutrition—it is about giving them a fair chance to learn and grow.

- Rehmat Thennisa, GHS Manchenahalli Karnataka

Ratings – Mid-day Meal and Daily Morning Nutrition Programme

Parameters	Rating	Remarks
Accessibility	●●●●●	The programmes ensured that all enrolled children, receive nutritious meals at school. This approach addressed barriers to access by reducing dependence on home-provided meals and encouraged regular attendance.
Performance	●●●●●	Meals were prepared following hygiene and safety standards, designed to meet caloric and protein requirements. Beneficiaries reported improved health, energy levels, and classroom engagement, confirming that the programme functions as intended.
Importance	●●●●●	Mid-Day Meals and Daily Morning Nutrition addressed a fundamental developmental need , combating malnutrition and hunger. This intervention improved learning outcomes, attendance, and overall well-being, while promoting social equity.
Coherence	●●●●●	The initiative aligns with SDG 2 (Zero Hunger) and SDG 4 (Quality Education) . It also falls under Schedule VII, Clause (i) of the Companies Act, promoting nutrition and health for children. The programmes complement government schemes and strengthens community participation in school governance.

05

Conclusion



Conclusion

The **Akshaya Patra Mid-Day Meal Programme** and **Sri Sathya Sai Annapoorna Trust Morning Nutrition Programme** together form a robust model for addressing child nutrition in schools. Akshaya Patra focuses on providing **wholesome, diverse meals during lunch**, which significantly improves attendance, reduces parental stress, and ensures children receive balanced nutrition. Its variety dal, vegetables, rice, chapati, and supplements like milk, bananas, and peanut creates excitement among students and supports academic performance.

On the other hand, Annapoorna Trust's morning nutrition initiative ensures that children start their day with an energy boost, improving concentration and stamina. The programme's consistency make it easy to implement, and teachers report noticeable improvements in health and attendance. Both programmes complement each other: one addresses **early-day energy needs**, while the other provides **a full, nutritious meal**, creating a holistic approach to child welfare.

However, suggestions for the programmes include **conducting periodic health assessments** to help track the impact on students' well-being. Regular BMI checks monitor growth and detect malnutrition or obesity, while hemoglobin tests identify anemia early. These evaluations provide measurable data, guide nutritional adjustments, and ensure evidence-based improvements. Additionally, **integrating feedback sessions and engaging parents** can strengthen sustainability and cultural acceptance.

Together, these initiatives not only fight malnutrition but also promote education and social equity, making them critical pillars for child development in underprivileged communities.



Annexures

Daily morning nutrition/Mid-day meal survey tool – Students

Introduction
Hello, my name is _____. I'm from Grant Thornton Bharat, and I'm here to carry out an assessment for LG regarding the **Daily Morning Nutrition/Mid-day Meal Program** by Akshaya Patra Foundation/Sri Sathya Sai Annapoorna Trust.

I would like to understand your experience and capture your feedback. You will be asked a few questions, and your responses will enable us to gauge your perspectives regarding the program.

Would like you participate? Yes/ No

S/N	Question	Response type	Response
General information			
1.	Name of the respondent	Type In	
2.	Age	Type In	
3.	Gender	Single select	Male Female
4.	Name of school	Type In	
5.	Support received from	Single select	Akshaya Patra Foundation Sri Sathya Sai Annapoorna Trust
6.	Type of support received by the school	Single select	Mid-day meal Daily morning nutrition
7.	Location	Single select	
8.	Grade/Class	Type In	
Project specific			
9.	Were you a part of the Mid day meal program?	Single select	Yes Continue to Q.10 No End of survey
10.	How often were you provided mid-day meals by the school?	Single select	Every day 4-5 times a week 2-3 times a week Once a week
11.	Which food items were included in the meal?	Multiple select	Rice Dal Chapati Vegetables Milk with healthmix Regional snacks (peanuts, chikki, moong dal) Fruits Other (specify)
12.		Single select	Very satisfied

How satisfied are you with the quality of the provided?	Satisfied
	Neutral
	Dissatisfied
	Very dissatisfied
13. Are you allowed to take a second serve of the meals provided	Yes No
14. Rate the following food parameters on a scale of 1 to 5 (5 being the highest and 1 being lowest)	Rating Hygiene Freshness Taste
15. Have you learned about nutrition and its importance in school curriculum or through the program?	Single select Yes No
16. If yes, what have you learnt?	Type
17. Were you made aware of sanitation practices like handwashing?	Single select Yes No
18. Have you observed any positive changes in your health or energy levels since the introduction of the program?	Type in Yes Continue to Q19 No Skip to 20
19. If yes, what changes have you observed?	Multiple select Better concentration and focus More stamina for physical activity Increase in height and weight Other (specify)
20. How often do you attend school?	Single select Everyday 4-5 times a week 2-3 times a week Once a week
21. Does the introduction of daily morning nutrition/ mid-day meal encourage you to attend school regularly?	Single select Yes No
22. If yes why and if no why?	Type in

Questionnaire for school staff (teachers, principal etc.) LG- Akshaya Patra Foundation/~ Sri Sathya Sai Annapoorna Trust Mid-day meal program

Introduction
Hello, my name is _____. I'm from Grant Thornton Bharat, and I'm here to carry out an assessment for LG regarding the **Daily Morning Nutrition/Mid-day Meal Program** by Akshaya Patra Foundation/Sri Sathya Sai Annapoorna Trust.

I would like to understand your experience and capture your feedback. You will be asked a few questions, and your responses will enable us to gauge your perspectives regarding the program.

Date of interview	
Name of the respondent	
Age	
Position/Designation	
Name of school	
Location	

S/N	Question	Probe areas
1	Please elaborate the program as per your understanding.	
2	Can you describe the implementation process of the morning nutrition/mid-day meal program at your school?	Details about the specific steps taken during the implementation process
3	Do you think adequate measures were in place to ensure the hygiene and safety standards of the meals? Elaborate	Hygiene and cleanliness of the kitchens and meals
4	Are teachers involved in gathering feedback from students about the meals? If yes, what has been the student feedback?	Methods/channels used to collect feedback. Student feedback regarding quality, taste, and freshness of meals, second serve
5	Have you noticed any increase in student's enrolment and retention rate due to intervention support?	
6	Have you noticed any changes in students' attendance and participation in classroom activities due to the Daily nutrition/mid-day meal program?	
7	From your observation, how has the daily nutrition/mid-day meal program impacted the overall health and well-being of the students?	Increase/decrease in weight, height, cognitive abilities of students
8	Has there been any noticeable change in students' academic performance after the implementation of the daily nutrition/mid-day meal program?	Students' academic performance; attitude, behaviour towards learning; attention span

Data for Akshaya Patra

Sl No	Location	State	School count
1	Ahmedabad	Gujarat	45
2	Bhilai	Chhattisgarh	28
3	Bhubaneswar	Odisha	70
4	Guwahati	Assam	53
5	Hubli	Karnataka	38
6	Hyderabad	Telangana	22
7	Jaipur	Rajasthan	87
8	Lucknow	U.P	45
9	Lucknow	U.P	34
10	Vadodara	Gujarat	18
11	Vishakapatnam	Andhra Pradesh	4
12	Vrindavan	U.P	39
13	Ajmer	Rajasthan	146
14	Bengaluru HK Hill	Karnataka	310
15	Gambheeram	Andhra Pradesh	35
16	Gorakhpur	U.P	16
17	Gudivada	Andhra Pradesh	92
18	Guwahati	Assam	291

Sl No	Location	State	School count
19	Jaipur	Rajasthan	263
20	Kakinada	Andhra Pradesh	76
21	Kuppam	Andhra Pradesh	191
22	Lucknow	U.P	96
23	Mangalagiri	Andhra Pradesh	106
24	Mangalore	Karnataka	170
25	Mant MVK	U.P	82
26	Mysore	Karnataka	129
27	Nathdwara	Rajasthan	241
28	Nawabpet	Andhra Pradesh	323
29	Nayagarh	Odisha	259
30	Rourkela	Odisha	185
31	Srikakulam	Andhra Pradesh	385
32	Surat	Gujarat	71
33	Udaipur	Rajasthan	120
34	Vadodara	Gujarat	315
35	Varanasi	U.P	11
36	Vrindavan	U.P	277

Data for Sri Sathya Sai Annapoorna Trust

S/N	Location	Number of schools	Number of students served
1.	Karnataka	391	22,267
2.	Palwal	10	1,241
3.	Ghaziabad	08	1,145
4.	Bijnor	04	554
5.	Noida	01	595

End



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