# QUICK START GUIDE

U.S. Cellular® Customer Care: 1-888-944-9400





# Calls

The responsive touch screen on LG Optimus F7™ makes calling quick and easy.

#### Make a Phone Call

- 1. From the home screen, tap 📞
- Begin dialing a number or start spelling the name of the desired contact. Tap 
   to expand the list of contacts.
- 3. Tap **c** to call the number you've dialed, or tap the contact you wish to call and then tap **c**.





# Messages

When you need to communicate quickly and privately, use text messaging.

#### Send a Message

- 1. From the home screen, tap 🖳
- 2. Tap 🗹.
- 3. Enter the recipient's number or tap 🚺 to access your contact list.
- 4. In the **Enter message field**, compose your message.
- Tap to attach an image, video, or other file.
- 6. Tap Send.





# Volume and Ringtones

Customize your phone by changing ringtones and alert sounds for a more personal touch.

### Adjust Volume

To adjust the master volume, from the home screen, press the **Volume Up/Down Keys**.

#### Change Ringtone or Notification Sound

- 1. From the home screen, press  $\equiv$  .
- Tap System settings > Sound > Phone ringtone or Notification sound.
- 3. Tap a ringtone to hear it, and tap **OK** to select it.



< (1) Phone ringtone	MA 00:11 🛢 lh. +
Simple Bell 2	0
Step Beep	$\bigcirc$
Summer Breeze	$\bigcirc$
Sunshine	$\bigcirc$
Timeless	$\bigcirc$
Tremolo	0
US Cellular	0
Video Game	0
Vintage Telephone	0
Whistling Wizard	0
Cancel	ок

## Email

Check and send email on the go.

#### Set Up Personal or Business Email

- 1. From the home screen, tap .
- 2. Tap Other or Microsoft Exchange.
- Enter your email address and password, and then tap Next. Follow the on-screen instructions to continue setup.\*
- 4. Tap Done.

\*Contact your IT administrator to help set up your corporate Microsoft\* Exchange account.

-		add 🗋 11:00 AM
Others		
lgvtrain@yal	100.com	
Show passwo	rd	
Username		
Maria Brown		
Back	Manual	Next
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qwe	r <sup>°</sup> t <sup>°</sup> y <sup>°</sup> u	i i o p
اللالا		
	fgh	jkI
a s d		j k l n m 🗨

	20 Q 🕅
gehain@yahos.com	2 20 VX 🖸
Update	d 11:00 AM
Today	
Dan Field	*
Catching up	10:56 AV
Hey! I just got back fr	om my trip abroad and I'd L.
Ben Davis	0 *
FW: Hilarious!	10:03 AV
Oh also I just get this	email and thought of your
Ann Jones	*
Shopping?	9:42 AV
Hey Marial Are you up	o for a mail trip later? Chioe
Chloe	*
Wanna go to a Conce	
It's my birthday this v	reekend and I thought it'd b.
Chloe	*
Helpi	\$:00 AV
Maria What dress sho	ruld I wear to the benefit thi
Twitter	*
Maria Brown, here's w	shat's happeni. 8:45 AV
Maria Brown, Here's v	what's trending on Twitter L.
Facebook	-

## Contacts

Optimus F7 has plenty of space to store your contacts' information.

#### Add a Contact

- 1. From the home screen, tap 🔼
- 2. Tap 🛨.
- 3. Enter the contact's information and tap Save.

#### Edit a Contact

- 1. From the home screen, tap 🔼
- 2. Tap the name of the contact you wish to edit.
- 3. Tap 🗾.
- 4. Change or add information as needed and tap **Save**.



New contact	ad 🗎 11:00 AM
Chloe Smith	•
(999) 555-0103	VOBILE 🛛 😒
lgvtrain3@yahoo.c	от номе 🖉 😣
Cancel	Save
	:         ( )         >         >           y         u         i         o         p           g         h         j         k         l           g         h         j         k         l           y         b         n         m         <

## Contacts (continued)

#### Sync Contacts with Google+

- From the home screen and with a Google™ account set up on your phone, tap IIII > 8.
- Make sure Add your Google+ connections to Android Contacts is checked and tap Next.
- Choose an instant upload setting and tap **Done**.
- 4. Press 🚍 and then tap Settings.
- Make sure Keep contacts up to date is checked. This will automatically add your Google+ connections to your Contacts.
  - NOTE You can also sync Contacts with info from your Facebook® friends in the Facebook app settings menu.



Notifications	
Messenger	
Hangouts	
Instant Upload	
Keep contacts up to date Idd your Google+ connections to Indroid contacts	
Connect more easily	
BOUT	

## Camera

Capture every moment with the 8.0 megapixel camera.

#### Take a Photo

- 1. From the home screen, tap ......
- 2. Tap 🚺.
- 3. Tap **()** to adjust settings such as white balance and brightness.
- 4. Tap 💿 to take a photo.
- 5. To view your photo, tap the thumbnail at the bottom corner of the viewfinder.





## Video

Record videos and then upload your files to your favorite social networking site.

#### Record a Video

- 1. From the camera, tap 🎴
- Tap to adjust settings such as white balance and brightness.
- 3. Tap 💽 to begin recording.
- Tap I to stop recording.
- To view your video, tap the thumbnail at the bottom corner of the viewfinder and then tap
- 6. To share your video, tap 3 and choose an option from the menu. Follow on-screen instructions to share your video via email, social networking, messaging, and more.





## Browsing

Browse the web with ease with Optimus F7.

#### **Browse the Web**

- 1. From the home screen, tap () to open the Chrome<sup>™</sup> web browser.
- 2. Tap Accept and Continue.
- 3. To sync open tabs, bookmarks, and other data from your computer, tap **Sign in**.
- 4. Tap **Take a tour** to learn more about using Chrome.
- Tap the address bar to enter a search term or URL, or tap i and then New tab to open a new tab.

NOTE

You can also use the Browser app to access the Internet.





## Browsing (continued)

#### Add and Use Bookmarks

- Access the browser and navigate to a site you wish to bookmark.
- 2. To add a bookmark, press and then tap 🚡 .
- 3. Review the suggested name, address, and folder, and tap **Save** to confirm.
- 4. To access a bookmarked site, press and then tap **Bookmarks**.
- 5. Tap the icon of the desired site.

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	Help				

Search or type URL		C	٦
Bookmarks > Mobile B	ookmarks		
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LG Support			

## Customize

Personalize your Optimus F7 by changing the wallpaper and adding apps and widgets.

#### Change Wallpaper

- 1. Touch and hold an empty area of the home screen, and then tap **Wallpapers**.
- Swipe left to view the available wallpapers and tap one to select it, or tap the thumbnail under Gallery (your photos) or Live Wallpapers to view more options.
- In Gallery, tap the desired image, adjust the area to be included, and tap OK. In Live Wallpapers, tap the desired option and then tap Apply.





## Customize (continued)

#### Add/Remove Apps and Widgets

- 1. Touch and hold an empty area of the home screen, and then tap **Apps** or **Widgets**.
- 2. Tap an app or widget and drag it to the desired place on the home screen.
- 3. To remove an app or widget, touch and hold it and then drag it to **Remove**.





# Apps

Download applications and games from Google Play™.

#### **Download Applications**

- 1. From the home screen, tap 🗊.
- 2. Tap a category or tap **Q** to enter a search term.
- 3. When you find an app you wish to download, tap Install (free apps) or the price (paid apps).
- 4. Tap Accept & download or Accept & buy.
- Swipe down on the notifications bar to view progress. Once the app is installed, tap it to open.





- Bug fixes and other improvements

## **Bluetooth**<sup>®</sup>

Connect to headsets, computers, and more via *Bluetooth* wireless technology.

#### Connect to a Device

- Place the *Bluetooth* device you wish to pair with in pairing mode. From the home screen, press.
- 2. Tap System settings.
- 3. If Bluetooth is off, tap . to enable it.
- 4. Tap **Bluetooth** to automatically search for Bluetooth devices.
- 5. Tap the name of the device you wish to pair with. See the *Bluetooth* device's user manual for more information on pairing.



## Your Navigator Deluxe

Find your way with turn-by-turn voice-guided directions from Your Navigator Deluxe.

#### **Use Your Navigator Deluxe**

- 1. From the home screen, tap 📖 > 🚱.
- 2. If prompted, tap OK to turn on GPS settings.
- 3. Read the Terms of Service and tap **Accept** to continue.
- Enter an address or business name to search for a location, or tap 
   to speak your search terms.





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